

NEWSLETTER



Rescue Women Foundation - *Transforming Lives. Empowering Communities.*

Quarterly Update – 2025.Q2

Every number tells a story. Every life touched reminds us why we do this work. This quarter, your support helped us provide care, shelter, safety, and second chances to the mothers, babies, and families who need it most.



Mothers & Babies: Our Impact This Quarter

Pregnant Mothers Supported: 34

- 25 residing at the shelter
- 9 supported in the community

Nursing Mothers: 25

- 21 at the shelter
- 4 in the community

Newborns Welcomed: 31

- 24 born at the shelter
- 9 born in the community

Current Babies at Shelter: 33

- Includes 8 children of school-going mothers who reside with us as part of our education-support program.

By the Numbers	
Pregnant & Admitted to the Teenage Home	29
Pregnant & Placed in Foster Care	9
Natural Births	2
C-Section Births	22
Babies Born in Foster Care	9
Infant Losses	1
Total Pregnant Moms	34
Current Total of Babies	33





New Partnership Announcement: *African Rising Initiative (U.S. Sponsor)*

We are *thrilled* to announce that Rescue Women Foundation is now sponsored by a U.S.-based 501(c)(3) partner: ***African Rising Initiative***.

This means:

- U.S. supporters can now make tax-deductible donations.
- We can access more diverse fundraising tools and support.
- You can now donate through:

AfricanRisingInitiative.org / **[RescueWomenFoundation](https://RescueWomenFoundation.org)** / **[PayPal](https://PayPal.com)**



Shelter Capacity & Expansion Needs

Due to space limitations, we continue to operate at full capacity, accommodating a limited number of mothers and their babies. While foster care and community placements remain vital, they come with increased costs and complexity.

This has prompted us to consider expansion. Supporting mothers who are placed with different host families in the community poses significant logistical and financial challenges, reinforcing the need for a centralized, expanded facility.

We are actively fundraising to expand our shelter facilities and centralize care for more mothers and children in need.



Quarterly Budget Overview

Medical	\$7,500
Food	\$4,500
Rent	\$900
Salaries & Stipends	\$1,500
Fuel	\$600
Community Support	\$1500
Utilities	\$1500
Total	\$18,000 USD



Medical expenses continue to be our greatest basic need, followed closely by food. A special thanks goes out to our dear friends for the continued support.

Empowerment Through Self-Defense Training



We are deeply grateful to our valued supporter, **Sarah Potter**, for generously sponsoring the very first self-defense training for the girls in our care.

This empowering session equipped participants with critical skills and knowledge to protect themselves against domestic violence and sexual assault.

The training not only emphasized physical defense techniques but also encouraged the girls to speak out with confidence and stand against abuse.



These tools are vital in our ongoing efforts to combat teenage pregnancy and promote the safety and well-being of young women in our community.

The session was a tremendous success. The girls gained invaluable life skills and, most importantly, a renewed sense of confidence and self-worth.

Our new US nonprofit sponsor, African Rising Initiative, will be fundraising for future training sessions, which we hope to host twice a year.



Rescue Spotlight:

Saving a Family from Hunger and Child Labor

Thanks to the compassion and generosity of our supporters, we were able to rescue four vulnerable children from the grips of hunger and child labor, providing them with hope and a fresh start. We were called upon to intervene in a heartbreaking situation involving an eight-year-old girl who had become the sole caregiver for her two younger brothers and six-month-old baby sister. Their mother, a single parent suffering from a stroke, had been abandoned without proper treatment in a government hospital.



In an act of sheer resilience, this brave young girl wore her mother's worn-out gumboots and worked in neighbors' gardens, trying to earn enough to feed her siblings.

During these times, the infant was left under the care of the 6- and 4-year-old boys, all of whom were missing out on school and childhood.

With your support, we were able to:

- Sponsor tuition for three of the children to attend boarding school
- Provide school supplies, clothing, baby formula, diapers, and other essentials
- Transfer their mother to a better healthcare facility to receive the care she desperately needed
- Bring the infant under our direct care for proper nutrition and supervision

This intervention not only ensured the safety and dignity of this family, but also gave these children a chance to reclaim their right to education, health, and a future full of possibility.

Together, we've made a life-changing difference in the lives of these innocent children and their mother. Thank you for standing with us in this important work.



Success Story:

Emergency Response for Young Expectant Mother

This quarter, we responded to the urgent case of a 14-year-old pregnant orphan caring for her 4-year-old brother. She was assaulted while hawking maize to raise school fees and later contracted severe malaria, impairing her speech.

Upon intervention, our midwife discovered she had a serious infection and a low fetal heart rate. A gynecologist later confirmed she had a low-lying placenta, requiring a scheduled C-section.

Although our shelter was at full capacity, we arranged for her brother to enroll in boarding school and placed the teen mom in our community foster care program with a supportive elderly couple.



With the help of our generous donors, the young mom received urgent medical care, a full Mama Kit, and essential supplies as she prepares to welcome her baby.

We are grateful for the continued support that made this life-saving intervention possible.

***Transforming Lives. Empowering Communities.
Together, We Can Do More.***

Your support helps us build a future where:

- Teenage pregnancies are reduced
- Girls stay in school and thrive
- Boys and men stand as protectors and advocates

Meet Some of Our Newborns from Q2



You Can Learn More and Help by Visiting:

www.rescuewomenfoundation.com

www.africanrisinginitiative.org

Donate via **PayPal**

Every contribution creates lasting change.



RESCUE WOMEN FOUNDATION

Rescue Women Foundation

Namusera Village, Wakiso District

P.O. Box 11481, Kampala, Uganda

+256 774 223 388 / +256 705 849 96

Rescue Women Foundation is a local Ugandan Non-Governmental Organisation
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